Tahini Honey Dip

Makes about 2 cups

This is SO easy to make.
For a pre-dinner snack with cocktails, serve as a dip with sweeter vegetables, such as carrot, red pepper, and jicama.
For a simple, healthy dessert, serve with fruit.

Tip: When measuring sticky things like syrup, honey, and tahini, spray your cup or spoon with oil. The sticky ingredient will slide out easily.

Ingredients

1 lb silken tofu (open package over sink)
¼ C plain tahini
2 TBSP honey
Orange zest for garnish

Directions

1. Place all ingredients in the bowl of a food processor, fitted with a metal blade.
2. Process until ingredients are mixed together and tofu is smooth.
3. Garnish with orange zest.